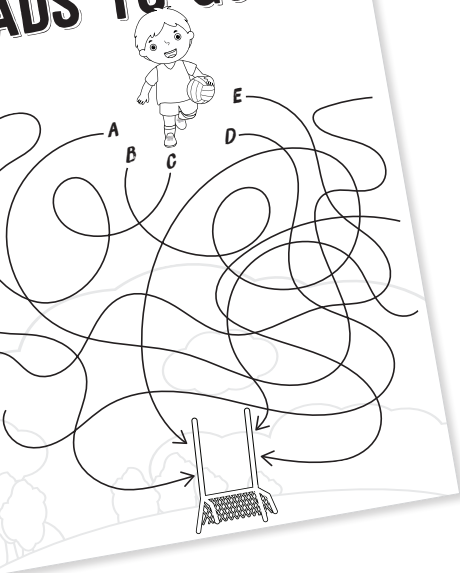
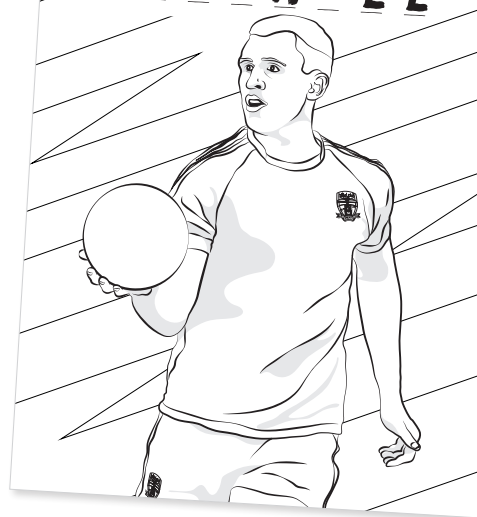


WHICH PATH
LEADS TO GOAL?



HI! MY NAME IS?

S H A
M N E E



GAA

KIDS

ACTIVITY PACK

ISSUE 9

! MY NAME IS?

P D A
W L H



GAA CHA...



ROLL THE DICE

Exercise game! Change up the number of movements or length of time as you go. Let's get moving!

- RUN ON THE SPOT
- TOUCH YOUR TOES
- STAR JUMPS
- ARM CIRCLES
- FROG JUMPS

GOAL

MATCHING GAME

- Tiernan McCann
- T.J. Reid
- Patrick Durcan
- Ronan McNamee
- Paul Mannion
- Michael Murphy
- Con O'Callaghan
- Séamus Callanan
- Sinéad Goldrick
- Diarmuid O'Keefe
- Siobhán McGrath
- Aishling Moloney
- Lee Chin
- Patrick Horgan
- Peter Harte
- Padraig Hampsey

MATCH EACH PL

DANCE PARTY*

song and just let loose!
stress reliever.

TRAINING

LET'S GET COLOURING

HI! MY NAME IS?

P D A

W L H



HI! MY NAME IS?

S H A

M N E E



WHICH PATH LEADS TO GOAL?



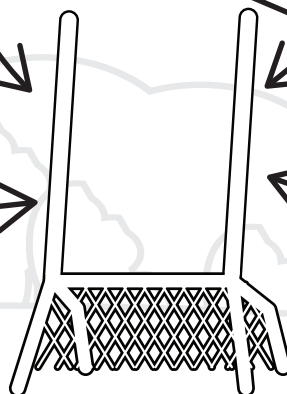
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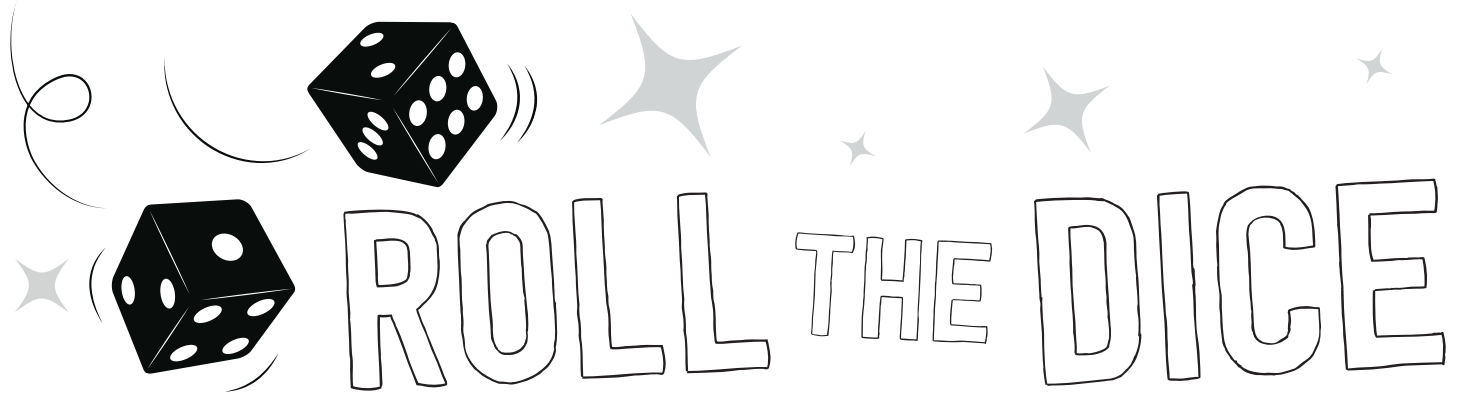
B

C

D

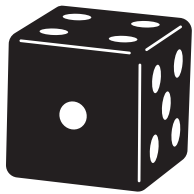
E





ROLL THE DICE

Exercise game! Change up the number of movements or length of time as you go. Let's get moving!



RUN ON THE SPOT



TOUCH YOUR TOES



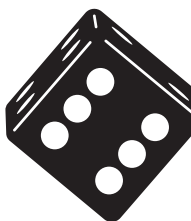
STAR JUMPS



ARM CIRCLES



FROG JUMPS



DANCE PARTY*

** Throw on your favourite song and just let loose!
It is a fantastic stress reliever.*



MATCHING GAME

Tiernan McCann	Dublin
T. J. Reid	Tyrone
Patrick Durcan	Tyrone
Ronan McNamee	Kilkenny
Paul Mannion	Mayo
Michael Murphy	Tyrone
Con O'Callaghan	Dublin
Séamus Callanan	Tyrone
Sinéad Goldrick	Donegal
Diarmuid O'Keefe	Dublin
Siobhán McGrath	Tipperary
Aishling Moloney	Dublin
Lee Chin	Wexford
Patrick Horgan	Tipperary
Peter Harte	Wexford
Padraig Hampsey	Cork

MATCH EACH PLAYER TO HIS OR HER COUNTY



CHARADES GAME

Cut and fold each charade and place in a bowl. Pick a folded piece of paper from the bowl, act out the word/sentence without making any noise. Everyone else playing has to guess what you are acting out.

BLOCK DOWN

WARMING UP



SOLO

FREE-KICK

GOAL CELEBRATION

**WASHING
YOUR HANDS**



COACHING

THROW IN





UMPIRE

PACKING KIT BAG



HAND PASS

**REFEREE SENDING
A PLAYER OFF**

SIDELINE KICK

TROPHY LIST



**JOSTLING
AN OPPONENT**

TV PUNDIT

**MAKING A
SANDWICH**

TRAINING

MY THOUGHTS...

Write notes in the bubbles to express how you are coping with it all.



