The role of the Healthy Club Officer is to help your club become a healthier place for everyone to enjoy. *(Note that this position has replaced the former Health & Wellbeing and ASAP Officer roles.)*

Officers are appointed rather than elected and will be supported in their work by their Club Executive and their County Health & Wellbeing Committee. However, everyone has a role to play in supporting a Healthy Club, from players and coaches to parents and volunteers.

Training, policies, programmes, partnerships, and resources specific to the role are available (see www.gaa.ie/community for more details).

RESPONSIBILITIES

- Attend Healthy Club Officer training as provided by County Health & Wellbeing Committee
- Use the 7 Step process outlined in the training to start your Healthy Club journey (see breakdown of steps on page two)
- Utilise the GAA's Healthy Club manual and Community & Health Department website (www.gaa.ie/community) as a source of useful resources, information, and club case studies
- Ensure that the club has a Critical Incident Response Plan in place (template and manual available from above with support available from County Health & Wellbeing Committee
- Attend club executive meetings and/or regularly report on activities
- Officer **WILL NOT BE** required to provide direct services or support to members but may help signpost to appropriate services provided by local/national agencies and/or voluntary groups

REQUIREMENTS

- Good communication and interpersonal and organisational skills (computer literacy is essential).
- Ability to work with other club officers (Children's/Coaching Officer) and the Executive.
- Have a genuine interest and knowledge in the Association and interest in health and wellbeing.
- Good standing in the community and the ability to deal discretely with potentially sensitive issues.
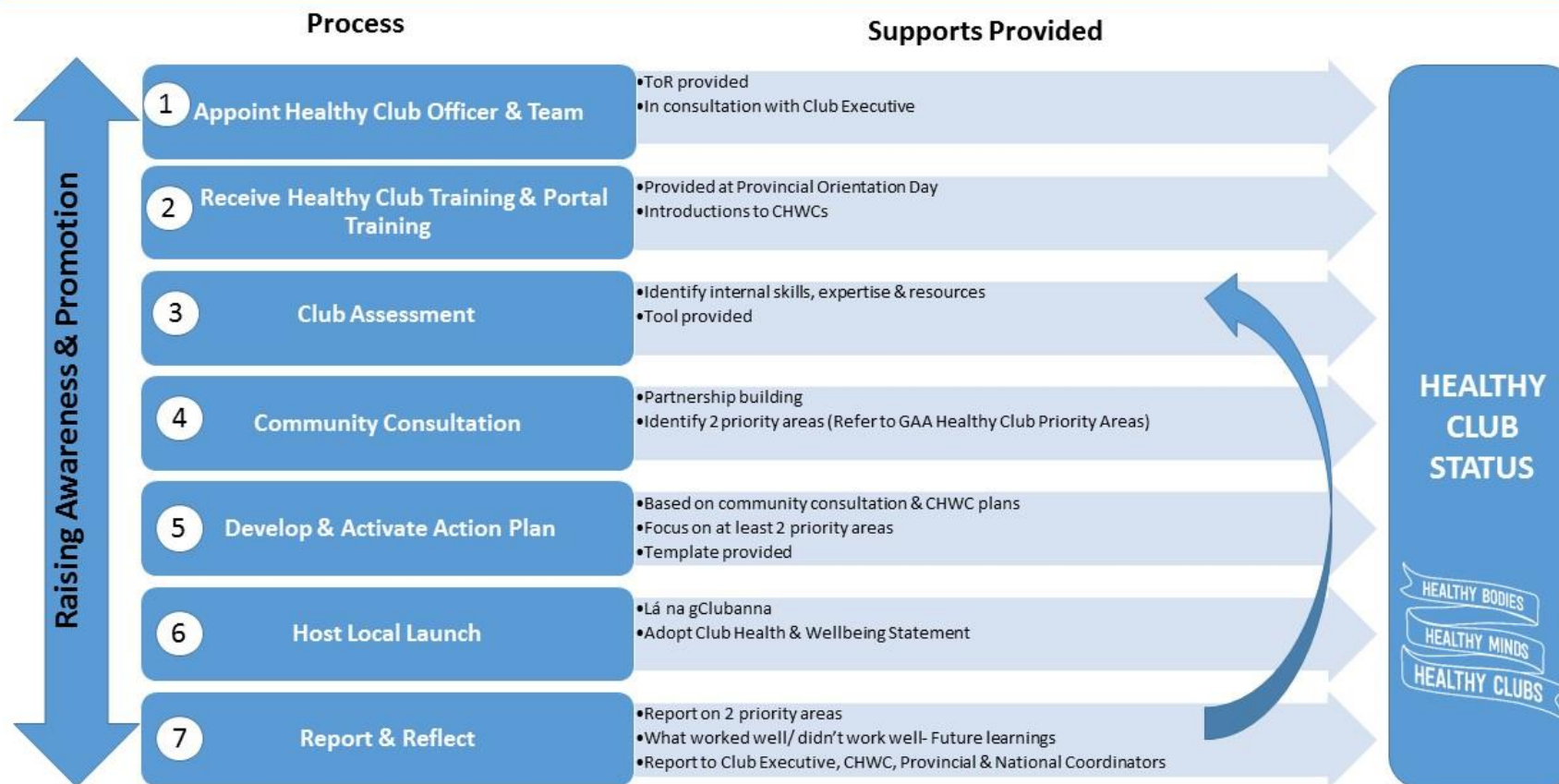- Willingness to attend training as provided by the GAA or its partners

RECOMMENDATIONS

- The Healthy Club Officer should be appointed for a minimum of two years to allow adequate time to develop and embed the role
- Creating a Healthy Club project team is recommended to allow interested club members/volunteers the opportunity to contribute and get involved
- Interested clubs should seek additional support and recognition by participating in the Healthy Clubs project (Phase 3 to open to 150 clubs in early 2018, Phase 4 to open to all clubs in Jan 2020)

ADDITIONAL INFORMATION AND SUPPORT

- Training for Healthy Club Officers and project team members will be provided at county level each year. Contact your County Secretary or County HWC chair for details
- Further information can be sought by emailing community.health@gaa.ie

STEPS TO BECOMING A HEALTHY CLUB

Raising Awareness & Promotion

Process | Supports Provided

1 Appoint Healthy Club Officer & Team
- ToR provided
- In consultation with Club Executive

2 Receive Healthy Club Training & Portal Training
- Provided at Provincial Orientation Day
- Introductions to CHWCs

3 Club Assessment
- Identify internal skills, expertise & resources
- Tool provided

4 Community Consultation
- Partnership building
- Identify 2 priority areas (Refer to GAA Healthy Club Priority Areas)

5 Develop & Activate Action Plan
- Based on community consultation & CHWC plans
- Focus on at least 2 priority areas
- Template provided

6 Host Local Launch
- Lá na gClubanna
- Adopt Club Health & Wellbeing Statement

7 Report & Reflect
- Report on 2 priority areas
- What worked well/ didn't work well- Future learnings
- Report to Club Executive, CHWC, Provincial & National Coordinators

HEALTHY CLUB STATUS

HEALTHY BODIES
HEALTHY MINDS
HEALTHY CLUBS

This process is covered in detail during the Healthy Club Officer training including exploring through case study examples what has worked in other clubs participating in the Healthy Club project.